

Experiential Learning Activity

BScoSc (Counselling)



HKU
SWSA

Department of Social Work and Social Administration
The University of Hong Kong
香港大學社會工作及社會行政學系

“Egg” - Fall without Broken

1. Every group will have an egg.
2. Every group have to
 - ☉ Be allowed to use NON - Verbal Expression only,
 - ☉ Draw a card and follow the instruction highlighted in the card drawn, then
 - ☉ Utilize all materials provided for egg protection,
 - ☉ Take turn to drop the egg ,that with protection, in the air,
3. The group that having egg fallen without broken will be the winner.
4. Total time for task completion is **15 mins**
5. Every group will share their experiences **5 mins** after completion of the activities.
 - Is there any component of compassion in group work that naturally occurred during the exercise?
 - What is it and how does it happen?

Pre-set limitations in advance (highlighted in cards)

Revealed to Teachers ONLY

- 1.You could use BLUE TAB.
- 2.You could use ROPE.
- 3.You could use PAPER CUP.
- 4.You could use the bubble pack.
- 5.**ONE** of your group members **could only use ONE hand throughout the process**
- 6.**ONE** of your group members **should put on the eye mask but could speak throughout the process**
- 7.One of your group members **could speak but couldn't move or have action by body parts.**

Thank you!



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